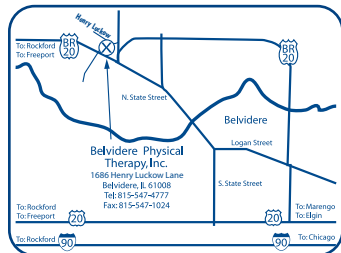


Additional Instructions: _____

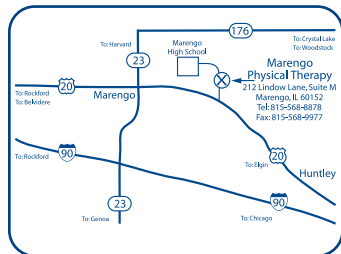
Belvidere Physical Therapy

1686 Henry Luckow Lane • Belvidere, Illinois 61008
 Telephone: (815) 547-4777 • Fax: (815) 547-1024



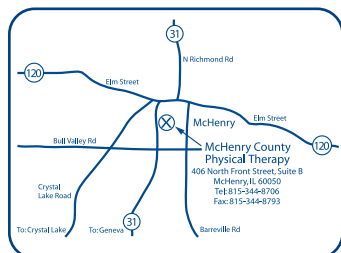
Marengo Physical Therapy

212 Lindow Lane – Suite M • Marengo, Illinois 60152
 Telephone: (815) 568-8878 • Fax: (815) 568-9977



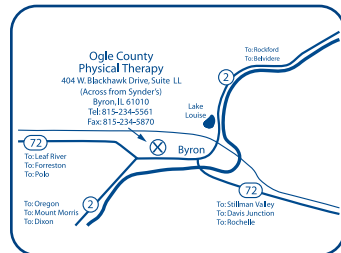
McHenry County Physical Therapy

406 North Front Street—Suite B • McHenry, Illinois 60050
 Telephone: (815) 344-8706 • Fax: (815) 344-8793



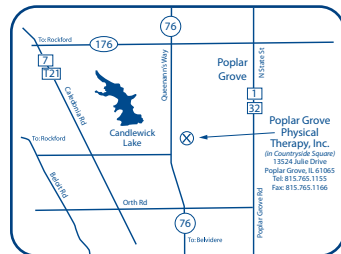
Ogle County Physical Therapy

404 West Blackhawk Drive – Lower Level • Byron, Illinois 61010
 Telephone: (815) 234-5561 • Fax: (815) 234-5870



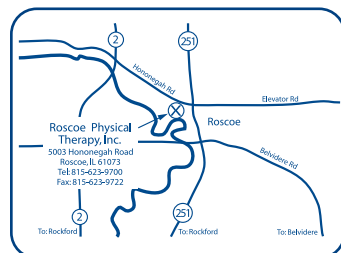
Poplar Grove Physical Therapy

13524 Julie Drive • Poplar Grove, Illinois 61065
 Telephone: (815) 765-1155 • Fax: (815) 765-1166



Roscoe Physical Therapy

5003 Hononegah Road • Roscoe, Illinois 61073
 Telephone: (815) 623-9700 • Fax: (815) 623-9722



**Orthopedic and Sports
 Therapy Institute**

Patient: _____ Date: _____

Diagnosis: _____

1 2 3 4 5 Times per week for _____ Weeks _____ As needed

Evaluate and Treat

Treatment Prescription

- ROM: PROM/AAROM/AROM
- Progressive Resistance Exercise
- Home Exercise Program
- Gait Training _____ % WB
- Joint Mobilization
- Posture Education/Body Mechanics
- Augmented Soft Tissue Mobilization
- Orthotics
- Edema Control
- General Conditioning

Modalities

- Moist Heat/Cold Packs
- Electrical Stimulation
- Ultrasound
- E-Stim/US Combo
- Massage
- Myofascial Release
- Whirlpool
- Traction
- Iontophoresis
with dexamethasone
- TENS
- Light Therapy

Industrial Rehabilitation

- Functional Capacity Evaluation
- Pre-employment Screening
- Work Conditioning

Hand Rehabilitation

- Tendon Repair Program:
Flexion/Extension
- PROM/AAROM/AROM
- Strengthening

Additional Instructions: _____

Physician Signature: _____

In making this referral, physician certifies that prescribed rehabilitation is a medical necessity. See map and other locations on back.

Locations

- Belvidere Physical Therapy
- Marengo Physical Therapy
- McHenry County Physical Therapy
- Ogle County Physical Therapy
- Poplar Grove Physical Therapy
- Roscoe Physical Therapy

(see location information on back)